## INNOVATIVE

## BALANCED

## RELIABLE

#### HIGHLIGHTS...



### ACTIVITIES

We have all the favorites like Tai Chi, Yoga, "Sit & Fit", Mystery Day, Pet Shop and so much more...

## DIETARY...

Balanced Nutrition!



Quality foods including Breakfast, Lunch, Snacks, Coffee and more

Hours Mon - Thur: 8:00AM - 5:00PM Friday: 8:00AM - 1:00PM

\*Except for Holidays - Please see website for our upcoming Holiday Schedule.



## Extraordinary People Exceptional Service



949-229-1057 www.seniorsocialMV.com

# PROGRAMMING

PERSONALIZED

Senior Social Club offers personal and private assessments so we can create "your" program.



### THE CLUB...



SO NEW!



SO CLEAN,



Senior Social Club Adult Day Program 24041 Marguerite Pkwy Mission Viejo, CA 92692

## 949-229-1057

admin@seniorsocialmv.com www.seniorsocialMV.com

## WHAT WE DO...

SENIOR SOCIAL CLUB is a licensed community based adult day program that provides daily services to the elderly and adults.

Our Programs are individualized for each participant based on their needs and plan of care. We provide various activities, mental stimulation, proper nutrition and daily socialization.

By focusing on maintenance and stimulation of physical and mental health, Senior Social Club enables the participant to maintain as high a level of functioning as possible, thereby allowing them to remain in their homes and communities as opposed to being institutionalized.

"Dignity and Respect is deserved and demanded for all." Mark Hansen, Administrator



## WHO WE ARE...

Our professional and highly qualified staff boasts decades of experience serving our



aging population within our local community. Our staff is comprised of degreed, licensed and/or certified Directors and Administrators and Caregivers.

In addition. Senior Social Club is a proud partner with "Virtare Health<sup>"</sup>, which is a Healthcare management group that provides Enhanced Care Management, which is covered by most insurances"

## FREE PERSONAL **EVALUATION!**

NONDISCRIMINATION: Senior Social Club complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, or gender. Senior Social Club does not exclude people or treat them differently because of race, color, national origin, age, religion, disability, or gender.

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html

## WE CARE FOR ALL!

We understand the stress that accompanies the role of a family caregiver. Our engaging and compassionate programming offers relief to family members and caregivers, allowing them to go to work, handle personal business knowing their love cared for and safe. Restored Hat business or rejuvenate while

PERSONAL CARE ASSISTANCE

SOCIALIZATION AND STIMULATION

THERAPEUTIC ACTIVITIES

**RECREATIONAL ACTIVITIES** 

**REMINISCENCE THERAPY** 

MUSIC THERAPY. PET THERAPY

ENTERTAINMENT. MOVIES AND GAMES

DIETARY SERVICES

TRANSPORTATION COORDINATION SUPPORT

#### OPTIONAL VIRTARE SERVICES:

VITAL SIGNS MONITORING

HEALTH/WELLNESS COACHING

HEALTHCARE SERVICES COORDINATION

MEDICATION MANAGEMENT